

# 23rd Annual



*Jefferson City Parks & Recreation*

427 Monroe Street

Jefferson City, MO 65101

Phone: 573-634-6480

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**Hosted By:**



**CAPITAL CLASSICS**



## **City of Jefferson**

Department of Parks and Recreation  
427 Monroe Street  
Jefferson City, Missouri 65101



## **Carrie Tergin, Mayor**

William M. Lockwood, CPRP  
Director of Parks, Recreation and Forestry  
Phone: (573) 634-6482

# **Capital City Classic 2016**

Washington Park Ice Arena  
Jefferson City, Missouri  
March 18-20, 2016

January 12, 2016

### **Dear Skating Director or Team Coach,**

Washington Park Ice Arena is proud to invite you to The Capital City Classic to be held March 18-20, 2016 in Jefferson City, Missouri. Enclosed you will find a competition packet to copy and post as soon as possible.

Entry forms must be postmarked by February 3, 2016. All skaters who are current members of the Ice Skating Institute and US Figure Skating are invited to participate. If you have any questions please contact me at (573) 634-6480 or by e-mail at [rbruemmer@jeffcitymo.org](mailto:rbruemmer@jeffcitymo.org).

All music will be downloaded to be played for all events. Please email your music in mp3 file to [CC.compmusic@gmail.com](mailto:CC.compmusic@gmail.com) by March 4, 2016. Please label your mp3 file with name (last name, first name), dash, name of the event, for example... Smith, John - Dramatic Spotlight. If you are unable to email the file, we will also accept CDs.

Rachel Bruemmer  
Washington Park Ice Arena  
[rbruemmer@jeffcitymo.org](mailto:rbruemmer@jeffcitymo.org)  
573-634-6480

**23<sup>rd</sup> ANNUAL ISI CAPITAL CITY CLASSIC  
WASHINGTON PARK ICE ARENA  
JEFFERSON CITY, MISSOURI  
March 18-20, 2016**

The Jefferson City Department of Parks and Recreation and the Washington Park Ice Arena invite you to attend the 23<sup>rd</sup> Annual Capital City Classic ISI Competition. All entry forms must be signed by the team coach or skating director and postmarked on or before February 3, 2016. All skaters must compete at their highest test level passed as of the registration deadline.

**Eligibility**

\*The competition is open to all current members of ISI, skaters and teams, and members of US Figure Skating under the joint Statement of Policy.

\*All skaters must be a current Individual member of ISI and have their ISI tests registered. They must also skate at their highest registered test level as of February 23, 2016.

\*USFS skaters who have passed the Pre Preliminary through Senior freestyle tests as of February 23, 2016 should enter as follows. (See the chart below.)

**If you are an active USFS member who has competed at or above the Novice level (individual or synchronized) at any USFS National Championship within the last two years we must be notified on the entry forms.**

*Excerpt from Joint Statement of Policy:* U.S. Figure Skating further agrees at the participation of U.S. Figure Skating members in ISI-endorsed recreational skating activities, such as recitals, shows and exhibitions, tests and competitions, endorsed by the ISI is hereby permitted without violating the rules of U.S. Figure Skating, provided that such activities

- 1) are conducted by ISI member rinks, clubs or skating schools in their normal course of business;
- 2) are not conducted by or for the benefit of a third party that exceeds the spirit of this Statement of Cooperation;
- 3) do not include the participation of U.S. Figure Skating member skaters who are or have been active U.S. Championship competitors at or above the Novice level within the past two years unless participation has been permitted as described below; and
- 4) are not intended for television or internet broadcast or re-broadcast. This paragraph represents a grant of special permission from U.S. Figure Skating, in the spirit of cooperation with the ISI, to allow its members to participate in ISI-endorsed recreational skating activities without the need for a separate U.S. Figure Skating sanction.

**USFS Test Passed:**

Pre Preliminary  
Preliminary  
Pre Juvenile  
Juvenile  
Intermediate  
Novice  
Junior  
Senior

**Skater may compete no lower than:**

Freestyle 3 / Open Bronze  
Freestyle 4 / Open Silver  
Freestyle 4 / Open Silver  
Freestyle 6 / Open Gold  
Freestyle 6 / Open Gold  
Freestyle 8 / Open Platinum  
Freestyle 8 / Open Platinum  
Freestyle 8 / Open Platinum

## **Events**

This competition is open to all levels in the following events:

Tot through Delta solo, Freestyle 1-10 solo, Open Freestyle Bronze - Platinum solo, Special Skater 1-10 solo, Solo Compulsories, Stroking (Pre-Alpha through Delta only), Spotlight events, Rhythmic events, Couples Events, Artistic, Interpretive events, Footwork (Bronze-Platinum only), Solo Dance, Hockey Goalie, Hockey Puck Handling and Shooting, Hockey Skating, Jump and Spin Teams, Ensemble Event, Surprise, Pattern Team, Production Team and Synchronized Skating events.

Groups will be divided by age and gender based on the entries received.

## **Entry Forms**

All entry forms must be postmarked no later than February 23, 2015 and must have the signature of the team coach or skating director for verification. All entry forms and fees should be sent to:

Jefferson City Parks and Recreation  
427 Monroe St.  
Jefferson City, MO 65101  
Attn: Rachel Bruemmer

## **Entry Fees**

First event:	\$40.00
Each additional family member:	\$35.00
Each additional event:	\$15.00
Surprise event:	\$5.00
Team skaters:	\$20.00 per skater
Super Competitor Rate:	\$90.00 (5 individual events or more)

## **Music**

All music should be submitted by email to [CC.compmusic@gmail.com](mailto:CC.compmusic@gmail.com) no later than March 6th. Please send it as an MP3 with the skater's last name, first name - event name as it's label. It is suggested that you still bring a back up CD along just in case.

## **Awards**

All skaters in each group will receive awards and the top five will receive team points to go toward the overall team awards. The top team awards will be presented at the conclusion of the competition.

## **Location**

Washington Park Ice Arena is located at 711 Kansas Street, Jefferson City, 65109.

\*From Highway 54- Exit at Business 50/Missouri Blvd. Turn left at stoplight onto Missouri Blvd. Turn left at stoplight onto Kansas St. Proceed approximately ½ block to 711 Kansas St.

\*From Highway 50 –

Heading West – turn left onto Missouri Blvd. at stoplight. Turn left at stoplight onto Kansas St. Proceed approximately ½ block to 711 Kansas St.

Heading East – Exit at Dix Rd. Go right at top of exit ramp. Get into the left turn lane and turn left onto Missouri Blvd. Turn right at stoplight onto Kansas St. Proceed approximately ½ block to 711 Kansas St.

## **Facility**

The Washington Park Ice Arena measures 200' X 85' with bleacher spectator seating and includes 6 dressing rooms.

## **Hotel Accommodations**

TBD

## **Coaches and Judges Meeting**

There will be a judges meeting prior to the start of the competition. The exact time will be announced later. Each team is responsible for sending one judge for every 10 events entered. Please be aware that coaches have an obligation to volunteer their time as an official. If a coach is not qualified or does not meet this obligation, they must make a \$25.00 donation to the competition or they will not receive credentials to put their skaters on the ice.

## **Rules**

This competition will be conducted in accordance with the guidelines contained in the current edition of the ISI Handbook.

## **Additional Information**

For additional information, please contact Rachel Bruemmer at (573) 634-6480 or email: [rbruemmer@jeffcitymo.org](mailto:rbruemmer@jeffcitymo.org)

# **JUMP AND SPIN TEAM REQUIREMENTS**

## **2 Person Teams:**

<u>LEVEL</u>	<u>REQUIRED JUMP</u>	<u>REQUIRED SPIN</u>
Low	two-foot hop or bunny hop	two-foot spin
Medium	half-flip or toe loop	two-foot spin or one-foot spin
Intermediate	half-loop or axel	sit spin or back spin
High	double salchow or double loop	flying camel spin or flying sit spin

### **Levels include:**

<b>*Low</b>	<b>Pre-Alpha-Delta</b>
<b>*Medium</b>	<b>FS 1- 3</b>
<b>*Intermediate</b>	<b>FS 4 - 5</b>
<b>*High</b>	<b>FS 6 - 10</b>

## **Tot 1-4 COMPULSORIES**

**Tot 1:** Marching While Moving, Proper Way to Fall Down, Proper Way to Get Up

**Tot 2:** 2-Foot Jump, Single Swizzle, Beginning 2-Foot Glide

**Tot 3:** Push & Glide Stroking, Forward Swizzles, Dip

**Tot 4:** Backward Wiggles, Backward Swizzle, 2-Foot or 1-Foot Snowplow Stop

## **PRE-ALPHA - DELTA COMPULSORIES**

**Pre-Alpha:** Forward Swizzles, Backward Wiggles, 2 Foot Glide

**Alpha:** Left over Right Forward Crossovers , 1-Foot Snowplow Stop, Forward Stroking

**Beta:** Backward Stroking, Left over Right Backward Crossovers , Left T-Stop

**Gamma:** Right Forward Inside Mohawk Combo, Left Forward Inside Mohawk Combo, Hockey Stop

**Delta:** Right Forward Inside 3-Turn, Left Forward Inside 3-Turn, Bunny Hop

## **FREESTYLE 1-10 SOLO COMPULSORIES**

**Freestyle 1:** 2-Foot Spin, Waltz Jump, Forward Arabesque

**Freestyle 2:** Dance Step Sequence, 1/2 Lutz Jump, 1-Foot Spin

**Freestyle 3:** Toe Loop Jump, Change Foot Spin, Dance Step Sequence

**Freestyle 4:** Flip Jump, Sit Spin, Half Loop Jump

**Freestyle 5:** Camel Spin, Axel Jump, Back Scratch Spin

**Freestyle 6:** Double Salchow Jump, Choice Spin (Xfoot/Layback/Sit-Change-Sit), Split Falling Leaf

**Freestyle 7:** Two Walley Jumps, Flying Camel spin, Double Toe Loop jump

**Freestyle 8:** Double Flip, Flying Sit Spin or Axel Sit Spin, Split Lutz Jump

**Freestyle 9:** Double Lutz Jump, Flying Camel into Jump Sit Spin, Axel-Double Loop Jump Combo

**Freestyle 10:** Double Axel-Double Toe Loop Combo, Death Drop, Three Arabian Cartwheels  
or Three Butterfly Jumps

**In accordance with the ISI rules, all solo compulsories events will be held in a mini program style with a minimum of connection steps. Elements do NOT have to be skated in the order listed!**

**Note: in Tot - Beta levels, there is no penalty for the number of swizzles, wiggles, strokes or crossovers. Only the quality of those maneuvers will be judged.**

*Freestyle 6—10 will have full ice for compulsory events.*

### **Solo & Partner Dance - Similar / Mixed / Pro Partner**

For this event, all dancers can choose to compete in any dances that they have passed.

A separate event entry fee is required for each dance selected.

You may also provide your music of choice, otherwise we have standard music options.



23rd Annual Capital City Classic  
 March 18-20, 2016  
 Washington Park Ice Arena



# Individual Entry Form

MALE  FEMALE

Last Name		First Name		ISI Member #	Exp. Date
Address			Date of Birth	Age as of 3/18/16	
City	State	Zip code	Phone # (Day)	Phone # (Night)	
Name of Home Rink			Name of Coach		

Parent's email address \_\_\_\_\_ **Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the last two years?**

## INDIVIDUAL EVENTS

\_\_\_\_\_ Yes \_\_\_\_\_ No

<p><b>Pre-Alpha - Delta</b></p> <input type="checkbox"/> Solo Program <input type="checkbox"/> Stroking (Alpha-Delta only) <input type="checkbox"/> Solo Compulsories <input type="checkbox"/> Spotlight <input type="checkbox"/> Character <input type="checkbox"/> Dramatic <input type="checkbox"/> Light Entertainment <input type="checkbox"/> Surprise <div style="border: 1px solid black; width: 50px; height: 20px; display: inline-block;"></div> INDICATE LEVEL Special Skater (1-10) <div style="border: 1px solid black; width: 30px; height: 20px; display: inline-block;"></div>	<p><b>Freestyle Bronze-Platinum</b></p> <input type="checkbox"/> Solo Program <input type="checkbox"/> Short Program (Gold & Platinum Only) <div style="border: 1px solid black; width: 50px; height: 20px; display: inline-block;"></div> INDICATE LEVEL <hr/> <p><b>Tots</b></p> <input type="checkbox"/> Solo Program <input type="checkbox"/> Solo Compulsories <input type="checkbox"/> Spotlight <div style="border: 1px solid black; width: 50px; height: 20px; display: inline-block;"></div> INDICATE LEVEL (1-4)	<p><b>Freestyle 1-10</b></p> <input type="checkbox"/> Solo Program <input type="checkbox"/> Solo Compulsories <input type="checkbox"/> Footwork <input type="checkbox"/> Interpretive <input type="checkbox"/> Artistic <input type="checkbox"/> Rhythmic <input type="checkbox"/> Ball <input type="checkbox"/> Ribbon <input type="checkbox"/> Hoop <input type="checkbox"/> Spotlight <input type="checkbox"/> Character <input type="checkbox"/> Dramatic <input type="checkbox"/> Light Entertainment <input type="checkbox"/> Themed - Totally Groovy 70's <input type="checkbox"/> Surprise INDICATE LEVEL <div style="border: 1px solid black; width: 100px; height: 50px; display: inline-block;"></div>	<p><b>Jump &amp; Spin Teams</b></p> <input type="checkbox"/> Low (Pre-Alpha—Delta) <input type="checkbox"/> Med. (Freestyle 1-3) <input type="checkbox"/> Int. (Freestyle 4-5) <input type="checkbox"/> High (Freestyle 6-10) Partner Name _____ Partner ISI # _____ Entry deadline is February 3, 2016. \$25 Late fee must accompany late entry. We reserve the right to limit the number of entries and to refuse late entries. <b>NO REFUNDS</b>
<p><b>Hockey Events</b></p> Hockey Goalie <input type="checkbox"/> Hockey Puck Handling and Shooting <input type="checkbox"/> Hockey Skating <input type="checkbox"/>	<p><b>Solo Dance 1-10</b></p> <div style="border: 1px solid black; width: 50px; height: 20px; display: inline-block;"></div> INDICATE LEVEL Dance(s) Choice: _____		

PARTNER EVENTS	Sim	Mix	Partner Name	Partner ISI#	Partner age on 3/18/16
<input type="checkbox"/> Dance Level _____	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
<input type="checkbox"/> Couple Spotlight Low (Tots - Delta)	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
<input type="checkbox"/> Couple Spotlight Med. (Freestyle 1-3)	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
<input type="checkbox"/> Couple Spotlight Intermediate (Freestyle 4-5)	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
<input type="checkbox"/> Couples Spotlight High (Freestyle 6-10)	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____

I skate at this competition at my own risk and in consideration of the opportunity to participate in this competition I recognize that such an undertaking involves an element of risk; therefore, we assume all risks and hazards incidental to such participation and do hereby release, absolve, indemnify and agree to hold harmless the City of Jefferson Parks Department, its agents, employees, officers, or volunteers, and the ISI. Neither the City of Jefferson Parks Department, nor any of said persons shall be held financially responsible for any injury, illness, or death incurred as a direct result of this activity.

Entry Fees: Make checks payable to **Jefferson City Parks and Recreation**

First event	\$40.00	\$ _____
Each additional family member	\$35.00	\$ _____
Additional events _____ @	\$15.00	\$ _____
Surprise event	\$5.00	\$ _____
Super Competitor (5 or more)	\$90.00	\$ _____
Late Fee (after 2/3/16)	\$25.00	\$ _____
Total Enclosed:		\$ _____

Skater Signature \_\_\_\_\_ date \_\_\_\_\_ Parent Signature \_\_\_\_\_ date \_\_\_\_\_

Mail to: Jefferson City Parks and Recreation Department  
 427 Monroe Street  
 Jefferson City, MO 65101  
 Attn: Rachel Bruemmer

I declare that the above information is true, that this skater's tests are registered, that the skater is a current individual member of the ISI, and is skating in the proper categories and levels.

Instructor Signature \_\_\_\_\_ Instructor ISI # & Judges Certification \_\_\_\_\_

Instructor's Email Address \_\_\_\_\_

Office Use Only:  
 Date Received \_\_\_\_\_ Amount \_\_\_\_\_ CK # \_\_\_\_\_

# CAPITAL CITY CLASSIC TEAM ENTRY FORM

Team Name: \_\_\_\_\_ Team ISI #: \_\_\_\_\_  
 Level (Team Compulsories or Freestyle Synchro Team only): \_\_\_\_\_  
 Rink Representing: \_\_\_\_\_  
 Instructor(s): \_\_\_\_\_  
 Instructor's Email: \_\_\_\_\_

\*\*Please indicate in the boxes below any skater who has competed at or above the  
Novice level at any USFS Championship within the last two years.

**Type of Team:**

- \_\_\_\_\_ Team Compulsories
- \_\_\_\_\_ Synchronized Formation Compulsories
- \_\_\_\_\_ Synchronized Skating Compulsories
- \_\_\_\_\_ Synchronized Advanced Formation
- \_\_\_\_\_ Synchronized Formation
- \_\_\_\_\_ Synchronized Skating
- \_\_\_\_\_ Synchronized Open Skating
- \_\_\_\_\_ Synchronized Dance
- \_\_\_\_\_ Freestyle Synchronized Skating
- \_\_\_\_\_ Ensemble
- \_\_\_\_\_ Family Spotlight
- \_\_\_\_\_ Pattern Team
- \_\_\_\_\_ Production Team

**Age Level of Team:**

- \_\_\_\_\_ Tot (majority 6 and under)
- \_\_\_\_\_ Jr. Youth (majority 8 & under)
- \_\_\_\_\_ Youth (majority 9-11)
- \_\_\_\_\_ Sr. Youth (majority 12-14)
- \_\_\_\_\_ Teen (majority 14-19)
- \_\_\_\_\_ Collegiate (majority 18-25)
- \_\_\_\_\_ Adult (majority 20 & Over)

Skater's Name	*Age as of 7/1/15	** ✓ USFS	ISI #	Skater's Name	*Age as of 7/1/15	** ✓ USFS	ISI #
1.				13.			
2.				14.			
3.				15.			
4.				16.			
5.				17.			
6.				18.			
7.				19.			
8.				20.			
9.				21.			
10.				22.			
11.				23.			
12.				24.			

*\*Applies to Synchronized Teams only. Please list crossover Skaters on separate sheet.*

**Please fill out a separate form for each team competing.**

\_\_\_\_\_  
 Instructor's Signature date Team Coach's Signature date  
 \_\_\_\_\_  
 Coach's Email Address

**Entry Fees:** Make checks payable to Jefferson City Parks and Recreation  
 Number of skaters X \$20.00 per skater = \$ \_\_\_\_\_ (max of \$320.00 per team)  
 Late fee (after 2/3/16) \$25.00 per team = \$ \_\_\_\_\_ Total \$ \_\_\_\_\_